


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:00 Catholic Church 10:30 Sit &amp; Be Fit (CR) 1:00 Scrabble (GR) 2:30 Sunday Social w/Veggie Tray Served (CR) 3:00 Music by Ken Blair (CR) 6:00 Movie &amp; Popcorn (CR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK) 6:30 Movie &amp; Popcorn (CR)</p>	<p><b>2</b></p> <p><b>Happy Labor Day!</b> ☺</p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Reminisce (CR) 1:00 Scrabble (GR) 2:00 Bingo w/Bernie (CR) 7:00 Movie &amp; Popcorn (CR)</p> <p><small>Labor Day</small></p>	<p><b>3</b></p> <p>9:30 Sit &amp; Be Fit (CR) 11:00 Chat w/Tony (GR) 11:30 Picnic at the Beach 2:00 Visiting Artist (CR) 3:30 Champagne Night (GR) 6:30 Game Night (GR)</p>	<p><b>4</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:30 Dog Visit w/Jack, Finn &amp; Robin (GR) 2:45 Guitar Music by Martha Mitchell (CR) 3:30 Indoor Sports (GR) 6:30 Scrabble (GR) 6:30 Bingo w/Bernie (CR)</p>	<p><b>5</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Trip to Post Office, Hannaford's &amp; Bank 12:30 1<sup>st</sup> Pontoon Boat Ride 2:30 2<sup>nd</sup> Pontoon Boat Ride 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK)</p>	<p><b>6</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Poetry Sharing (CR) 1:00 Worship &amp; Song w/Pastor Elisabeth (CR) 2:15 Indian Summer Social on 2<sup>nd</sup> Floor Deck 3:30 Sing Along w/Martha (CR) 6:30 Game Night (GR)</p>	<p><b>7</b></p> <p><b>Happy Birthday to Eva Ward!</b> ☺</p> <p>10:30 Sit &amp; Be Fit (CR) 11:00 Dog Visit w/Marshawn &amp; Holli (GR) 1:00 Word Search w/Joan (GR) 1:30 Bridge (CR) 4:00 Happy Hour (GR) 6:30 Bingo w/Sabrina (CR)</p>
<p><b>8</b></p> <p><b>Happy Grandparents' Day!</b> ☺ <b>National Assisted Living Communities Week Begins</b></p> <p>10:00 Catholic Church 10:30 Sit &amp; Be Fit (CR) 1:00 Scrabble (GR) 2:30 Sunday Social Music by Joe Jennings &amp; Ice-Cream (CR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK) 6:30 Movie &amp; Popcorn (CR)</p> <p><small>Grandparents' Day</small></p>	<p><b>9</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:30 Trip to Sunapee Library 1:00 Scrabble (GR) 2:00 Bingo (CR) 3:30 The Time Travelers Music Rehearsal (CR) 7:00 Movie &amp; Popcorn (CR)</p>	<p><b>10</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 "Identifying Scams Targeting Seniors" presentation (CR) 11:00 Chat w/Sue (GR) 2:00 Visiting Artist (CR) 3:30 Champagne Night (GR) 6:30 Game Night (GR)</p>	<p><b>11</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:30 Dog Visit w/Jack, Finn &amp; Robin (GR) 1:00 Scrabble (GR) 2:00 Bingo (CR) 3:30 Indoor Sports (GR) 6:30 Card Games (GR)</p>	<p><b>12</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Trip to Post Office, Colonial &amp; Bank 1:30 Trip to Go Lightly Thrift Store in New London 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK)</p>	<p><b>13</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Poetry Sharing (CR) 1:00 Worship &amp; Song w/Pastor Elisabeth (CR) 2:15 Residents' Round Table Share (CR) 3:30 Sing Along w/Martha (CR) 6:30 Game Night (GR)</p>	<p><b>14</b></p> <p><b>Carnival at The Cove</b> 10:00-12:00 Face-Painting, Popcorn, Cotton Candy, Dunk Tank, Clown, Balloon Animals, Petting Zoo &amp; Bouncy-House 12:00 Music by Chris Ekblom 1:00 Magician Bruce Cronin 4:00 Happy Hour (GR) 6:30 Bingo w/Sabrina (CR)</p>
<p><b>15</b></p> <p>10:00 Catholic Church 10:30 Sit &amp; Be Fit (CR) 11:30-1:30 Yesteryear Antique Car Show &amp; Cook-out 1:00 Scrabble (GR) 2:00 Episcopal Church (CR) 2:30 Sunday Social w/Veggie Tray Served (GR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK) 6:30 Movie &amp; Popcorn (CR)</p>	<p><b>16</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Reminisce (CR) 1:00 Scrabble (GR) 2:00 Bingo (CR) 3:30 Enrichment Meeting w/Root Beer Floats (GR) 7:00 Movie &amp; Popcorn (CR)</p>	<p><b>17</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Coffee &amp; "Ask Chief Cahill" (GR) 11:00 Chat w/Tony (GR) 11:30 Lunch at Country Café 2:00 Visiting Artist (CR) 3:30 Champagne Night (GR) 6:30 Game Night (GR)</p>	<p><b>18</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:30 Dog Visit w/Jack, Finn &amp; Robin (GR) 1:00 Scrabble (GR) 2:00 Bingo (CR) 3:30 Indoor Sports (GR) 6:30 Card Games (GR)</p>	<p><b>19</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Trip to Newport Shaw's &amp; Big Lots Store 3:30 Visit w/Students from Sunapee Middle High School (CR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK)</p>	<p><b>20</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Poetry Sharing (CR) 1:00 Worship &amp; Song w/Pastor Elisabeth (CR) 2:15 Residents' Round Table Share (CR) 3:30 Sing Along w/Martha (CR) 6:30 Game Night (GR)</p>	<p><b>21</b></p> <p>10:30 Sit &amp; Be Fit (CR) 11:00 Dog Visit w/Jack, Finn &amp; Robin (GR) 1:00 Word Search w/Joan (GR) 1:30 Bridge (CR) 4:00 Happy Hour (GR) 6:30 Bingo w/Sabrina (CR)</p> <p><small>Oktoberfest Begins</small></p>
<p><b>22</b></p> <p><b>9 to 9 Vitals Clinic 2<sup>nd</sup> (CK)</b></p> <p>10:00 Catholic Church 10:30 Sit &amp; Be Fit (CR) 1:00 Scrabble (GR) 2:30 Sunday Social Music by Carl Brogan &amp; Ice-Cream Served (CR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK) 6:30 Movie &amp; Popcorn (CR)</p>	<p><b>23</b></p> <p><b>First Day of Autumn!</b> ☺</p> <p>9:30 Sit &amp; Be Fit (CR) 10:30 Trip to Sunapee Library 1:00 Scrabble (GR) 2:00 Bingo (CR) 3:30 Piano Music by John Lovejoy (CR) 7:00 Movie &amp; Popcorn (CR)</p> <p><small>Autumn Begins</small></p>	<p><b>24</b></p> <p>9:30 Sit &amp; Be Fit (CR) 11:00 Chat w/Tony (GR) 11:30 Lunch at The Weathervane 2:00 Visiting Artist (CR) 3:30 Champagne Night (GR) 6:30 Game Night (GR)</p>	<p><b>25</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:30 Dog Visit w/Jack, Finn &amp; Robin (GR) 1:00 Scrabble (GR) 2:00 Bingo (CR) 3:30 Indoor Sports (GR) 6:30 Card Games (GR)</p>	<p><b>26</b></p> <p>9:30 Sit &amp; Be Fit (CR) 10:00 Trip to Post Office, Hannaford's &amp; Bank 12:00 Birthday Cake (DR) 2:45 Jan Rosen Music (CR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK)</p>	<p><b>27</b></p> <p><b>Happy Birthday to Janet Grevstad!</b> ☺</p> <p>9:30 Sit &amp; Be Fit (GR) 10:00 Poetry Sharing (CR) 1:00 Worship &amp; Song w/Pastor Elisabeth (CR) 2:15 Residents' Round Table Share (CR) 3:30 Sing Along w/Martha (CR) 6:30 Game Night (GR)</p>	<p><b>28</b></p> <p>10:30 Sit &amp; Be Fit (CR) 11:00 Dog Visit w/Marshawn &amp; Holli (GR) 1:00 Word Search w/Joan (GR) 1:30 Bridge (CR) 4:00 Happy Hour (GR) 6:30 Bingo w/Sabrina (CR)</p>
<p><b>29</b></p> <p>10:00 Catholic Church 10:30 Sit &amp; Be Fit (CR) 1:00 Scrabble (GR) 2:00 Sunday Social Music by David Thron w/Veggie Tray Served (CR) 6:30 LCR w/Charlotte 3<sup>rd</sup> (CK) 6:30 Movie &amp; Popcorn (CR)</p>	<p><b>30</b></p> <p><b>Hat Day at The Cove!</b> ☺</p> <p>9:30 Sit &amp; Be Fit (CR) 1:00 Scrabble (GR) 1:30-2:30 Foot Soak &amp; Toe-Nail Clinic 3<sup>rd</sup> (CK) 2:00 Bingo (CR) 3:30 Country Music by Jackie Lee (CR) 7:00 Movie &amp; Popcorn (CR)</p> <p><small>Rosh Hashanah (first Day)</small></p>	 <p><b>September 2019</b></p> <p><b>Happy National Assisted Living Communities Month!</b></p> <p>Staff Birthdays: Peg 9/2; Hannah 9/14</p>				

Key Code: CK = Country Kitchen, 2<sup>nd</sup> or 3<sup>rd</sup> Floor; CR = Community Room; DR = Dining Room; GR = Great Room. Events may be subject to change & will be posted on the Daily Sheets. Thanks! ☺