

April 2023

# Currents at The Cove



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## Editor's Notes:

I apologize for not including the entirety of our new Business Office Manager's Introduction last month. So, here it is on the bottom right side of this page.

Also, as promised, please see Page 4 for a proper write-up and photos of two of our MOST OUT-STANDING Team Members: Denise MacDonald & Christine Wiest!!

They were each awarded with the "Service to One Another" Award at the HallKeen Assisted Living Communities Annual Awards Luncheon!! 😊

CONGRATULATIONS, to Denise & to Christine!! 😊

This acknowledgement and honor is well-deserved!! 😊

## Welcome April!

We are excited to share our fun-filled and worthwhile activities for both residents and our families in our Memory Care Community Reflections! Check out our monthly calendar on our website and stop by for an afternoon of fun! Not only do these games sharpen the memory, but they also allow us to socialize and have fun time, which enhances our overall well-being. If you play memory games at least thirty minutes every day, your concentration and focusing ability will improve. Memory games have been shown to help prevent some memory-related illnesses, such as Alzheimer's disease.

There are many different kinds of memory games from which to choose. Our calendar includes memory games for every ability level. We have short, quick games that need no preparation, games that use a deck of cards and word memory games. We have games to play alone, in groups and with teams.

Please feel free to reach out and we would be happy to help set up some fun for you and your loved ones! E-mail Keri-Ann or Joan for more information! [Kcoutu@hallkeen.com](mailto:Kcoutu@hallkeen.com) or [Jpuchtler@hallkeen.com](mailto:Jpuchtler@hallkeen.com)

## Introducing Our New Business Office Manager, Lynn Poston!

I was born in Connecticut & growing up we always vacationed in the Lake Sunapee area. When I was a sophomore in high school, my family decided to move here. I graduated from Kearsarge Regional High School in 1981. I have an Associate's degree in Accounting from Hesser College. I have been married since 1984. I have one son who is married and I recently became a grandmother.

I owned and operated a retail store for 16 years and then moved on to manage a local real estate office in New London for 14 years. In 2016 I had the opportunity to manage a real estate office on Block Island, which is located off the coast of Rhode Island and after 5 ½ years of being there we decided to come back to our home in Springfield, NH.

I love gardening, cooking, camping in our 5<sup>th</sup> wheel camper and spending time with my family.

## Resident Spotlight on

**Joan Green!** 😊

Joan was born in Huntington Center, VT and lived there until she was 3 and then her family moved to western Pennsylvania for a few years. After that, they moved to Hartford, VT where she lived much of her life. She married Jim Harvey and had 5 beautiful children with him. Later in life, Joan married Ross Green and they had 19 wonderful years together. After retiring, they became snowbirds and split their time between Vermont and Port St. Lucie, Florida. In their RV, they took about a year and a half and travelled to and visited all 48 of the continental states. To this day, Joan marvels about the beauty of this country. She says that every state is just so special in its own right! Everywhere they went, folks were very congenial and were proud to point out the sites that they **MUST** see while in their state. (Ask her about some of these sometime!) 😊

During her working years, Joan was quite a trail-blazer! She worked at Split-Ball Bearing as a buyer for 35 years and she became the first woman that ever earned a salaried position



there. That's quite an accomplishment! That is what she is most proud about her professional life. In her personal life, she is most proud of the 5 wonderful children (4 daughters and one son) that she raised. In addition to her love of travel, Joan has always loved being around water--either swimming or boating. So, it is very apropos that she is now living at Sunapee Cove! Thank you, Joan for always being such a bright and joyful spot in our community! 😊

## Employee of the Month of April is

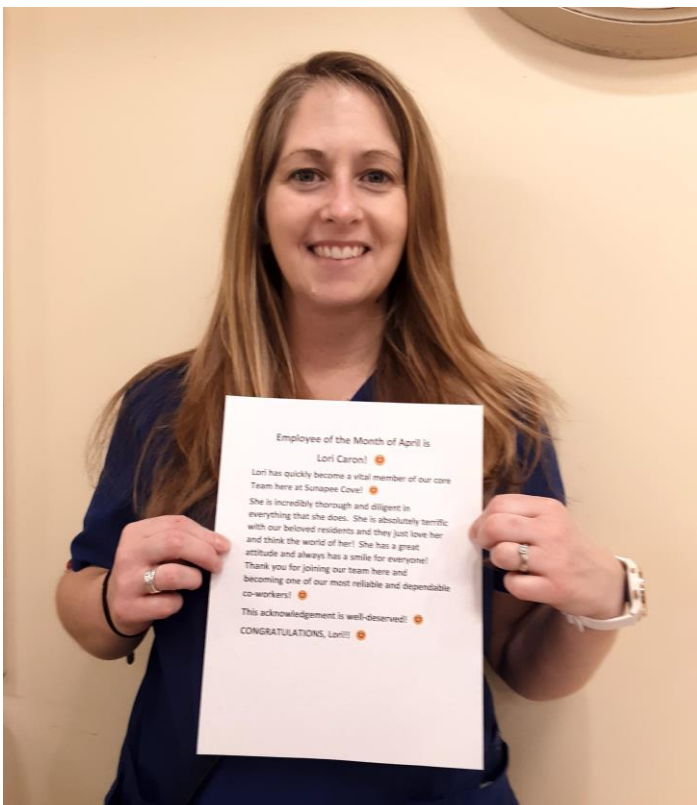
**Lori Caron!** 😊

Lori has quickly become a vital member of our core Team here at Sunapee Cove! She is incredibly thorough and diligent in everything that she does. She is absolutely terrific with our beloved residents and they just love her and think the world of her! She has a great attitude and always has a smile for everyone! Thank you for joining our team here and becoming one of our most reliable and dependable co-workers! 😊 This acknowledgement is well-deserved! 😊 **CONGRATULATIONS, Lori!!** 😊



**Director of the 2<sup>nd</sup> Quarter  
is Keri-Ann Coutu!** 😊

Anyone that knows Keri-Ann knows that she is a human DYNAMO!! When she sets her mind to do something, then consider it **DONE!** She is full of vim & vigor and is positively energized. She always has a smile on her face and is happy to stop and chat with any of our residents when she sees them. This acknowledgement is well-deserved!! **CONGRATULATIONS, Keri-Ann!!** 😊



## **Service to One Another Award Winner Denise MacDonald**



**Denise has been the Third Shift Lead Caregiver at Sunapee Cove since April 2016.**

**Her positive attitude and enthusiasm is embraced by coworkers and residents alike. Denise primarily works in Memory Care and has the ability to consistently provide outstanding person-centered care with strong personal interactions in an efficient and timely manner.**

**Denise is Sunapee Cove's preferred new employee mentor for shadowing trainees due to her knowledge and tireless advocacy for residents and their care needs.**

## **Service to One Another Award Winner Christine Wiest**

**Christine has worked as the primary receptionist for Sunapee Cove since September 2020. Chris is full of positive energy in responding to resident and visitor inquiries and supporting the community leadership in so many ways. She consistently and willingly jumps in to help each department to ensure that the special community programs and events run smoothly. She is the first face that people see as they arrive to the community and is a tireless advocate and liaison for family members, staff and management. Chris is thoughtful, compassionate and a competent multi-tasker. Sunapee Cove is fortunate to have Chris at the heart of the community.**

